



LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

May 2021

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MTCNLC.ORG



that we would not resume our safety initiatives unless or until I met with Kevin Graney (EB President) to speak my peace and be reasonably satisfied that we would not continue the cycle we are in.

This was done. Kevin and I met. We had a calm casual conversation. I am satisfied with that conversation. I believe he knows where our frustration is and I believe he is just as committed as we are.

We are getting back on track, and will continue to move forward and make progress.

I have been struggling with this months article because I don't know how much is enough, and how much is to much information to relay.

The Metal Trades and the affiliated Locals have been working for a long time to improve the safety and health of not only our members, but the entire EB population for a long time. Over the last year even with the ongoing pandemic, I feel we have made significant progress.

Earlier this month I decided that even though we are making progress, it was time to stop participating with the Company on some of our joint initiatives.

This was a tough decision to make. I felt that although we have been working together that some things we had been trying to do and asking for was being ignored and we were being disrespected.

I committed to the Chief Stewards of the Locals





LOCAL 106

CONDOLENCES

Our condolences go out to the family and friends of our retired brother Martin Warmath.

Marty passed away on March 11, 2021. He was a Rad Con Monitor and served as a Steward for Local 106.

OPEIU FREE COLLEGE PROGRAM

OPEIU members have saved more than \$5.8 million in tuition, e-books and other fees through the OPEIU Free College program.

Free College Upcoming Enrollment Deadlines:

Free College (Earn or complete an associate degree or certificate): June 1, 2021

Bachelors Completion (Complete your bachelors degree for free if you enroll in the academic year): May 23, 2021

This program is provide by OPEIU to all members and their families. For more information and a complete list of enrollment deadlines visit; freecollege.opeiu.org.

DIGNITY AND RESPECT

These are the two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is any issue speak to your Union Steward.

INCREASE YOUR 401(K)

We recently received a General Wage Increase. This would be a great time to increase your 401(K) deduction. Years from now you will be thankful that you did this!!!!

OPEIU IDENTITY PROTECTION BENEFIT

The OPEIU Identify Protection Benefit has been enhanced with new services and stronger protections, including expanded coverage for your family.

OPEIU members and their families have access to a more comprehensive defense against identity theft through a new identity protection provider, Identity IQ (IDIQ), still at no cost to you.

The benefit features state-of-the-art identity and credit monitoring, checking account reporting, and full-service identity restoration that includes insurance and lost wallet assistance in cancelling and replacing credit cards. If you become a victim of identity

theft, IDIQ's trained experts will help you restore your identity as close as possible to the level it was before the incident. This can save you hundreds of hours of your own time and productivity. It can also save you money. Visit: OpeiuIDProtect.com to enroll yourself and your family.

UNION MEETINGS

Union meetings are important and I encourage you to come and participate in the affairs of our Union. The monthly meetings normally lasts about 30 minutes and your participation will help to make this Union even stronger.

NEW HIRES YOU must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late.

I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject. Contact General Dynamics Service Center (1-888 432-3633) Monday – Friday 9am to 9pm. OR www.gdbenefit.com (24hrs/7days).

Any questions call EB Benefits: 860-433-4201 or Frank Ward, Union Insurance

Representative: 860-501-3263.

www.opeiulocal106.org

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

LABOR'S VIEWS ON LINE

LABOR'S VIEWS may be seen on opeiulocal106.org and the new Metal Trades Council web site mtcnlc.org.

LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homeport.

"Weingarten" Rights

Visit: Youtube Weingarten Rights: Training for Shop

Stewards. Take ten minutes to see a brief video from OPEIU Local 8 about your rights.

If YOU are sent to SECURITY for any reason or are being questioned by MANAGEMENT, YOU should request a STEWARD. YOU do not have to answer any questions until you have UNION REPRESENTATION.

THIS INCLUDES CRITIQUES, "DECKPLACE" OR ANY OTHER INVESTIGATION.

SAFETY SHOES

If you did not pick up your safety shoes last year you can get a more expensive pair this year with the money you did not use. Please do not forget. This is a benefit that has been negotiated for you and we want it to continue. You may now carry money over for one year only in order to get a more expensive pair. Red Wing Shoes has a store in Groton and if you get your shoes there you will have to pay and bring them in to the Safety Dept. with a receipt in order to get your refund.

UNION COMMUNICATIONS

UNION STEWARDS: Howie Manuel 860-303-5982

Justin Briggs x35019

Arlene Allard x37797 2 nd Shift

Mark Cross x35569 3 rd Shift

Phone # 860-445-1216, FAX # 860-446-0175, E-mail prof.emp@snet.net .

(I do not get e-mails in the shipyard.)

opeiulocal106.org opeiu.org UnionPlus.org mtcnlc.org

If you change your home address, phone number, or e-mail do not forget to notify the Union.

MAY UNION MEMBERSHIP MEETING

Monday, May 10, 2021 April 12, 2021, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

JUNE, JULY & AUGUST UNION MEMBERSHIP MEETINGS SUSPENDED

Paul A. Bruno Jr.

President/Chief Steward

Happy Mothers Day



LOCAL 614

DEAR BROTHERS AND SISTERS;
WE CAN FINALLY HAVE A SAFE AND PRODUCTIVE UNION MEETING AT OUR NEXT SCHEDULED MEETING ON TUESDAY, MAY 11TH AT 2:45. WE HOPE TO SEE YOU ALL THERE.

COVID VACCINATIONS. I KEEP HEARING THAT WE WILL HAVE THE SHOTS ON SITE AT THE SHIPYARD AS WELL AS THE SUBASE. I HAVE BEEN HEARING THAT FOR TOO LONG. I WENT OUT AND SCHEDULED MY 1ST SHOT. I WILL RECEIVE MY 2ND SHOT APRIL 5TH. IF YOU ARE HAVING TROUBLE GETTING AN APPOINTMENT CALL THIS NUMBER; 833-275-9644. YOU WILL HEAR A RECORDING SAYING HOW IMPORTANT YOUR CALL IS AND THEY TRY TO DIRECT YOU TO AN ONLINE SITE. I HAD NO LUCK ONLINE. CALL THIS NUMBER, PUT YOUR PHONE ON SPEAKER AND WAIT FOR A HUMAN (ABOUT 15 MINUTES OR SO)

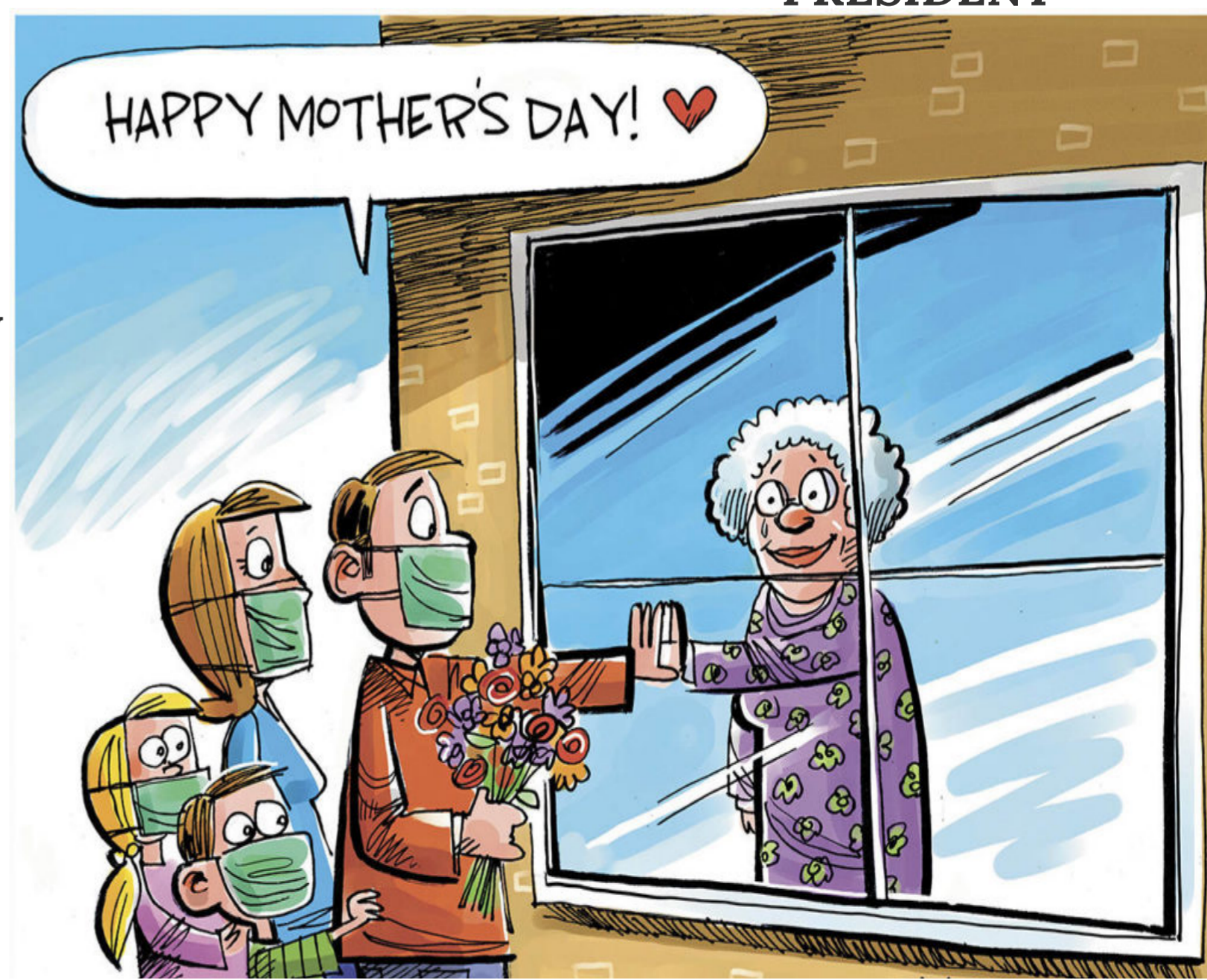
I TALKED TO A REAL HUMAN AND WAS SCHEDULED AN APPOINTMENT A FEW DAYS OUT AT THE MOHEGAN SUN. THE MOHEGAN SUN HAD A VERY EFFICIENT PROCESS. I WAS IN AND OUT IN UNDER 20 MINUTES. THIS ONLY WORKS FOR CONNECTICUT RESIDENTS. IT SEEMS RI GOVERNOR RAMONDO LEFT HER PEOPLE HIGH AND DRY WHEN SHE BOLTED TO DC. IF I HEAR OF ANYTHING TO HELP OUT OUR RI MEMBERS, I WILL LET YOU KNOW ASAP.

THE MTC OFFICERS, SAFETY COMMITTEE AND DESIGNATED PEOPLE FROM EACH LOCAL

(MYSELF INCLUDED) ATTENDED THE OSHA 30 TRAINING AT THE WESTERLY LEARNING CENTER IN EARLY MARCH. IT WAS A VERY INFORMATIVE CLASS. THE MOST SIGNIFICANT SAFETY ITEM WE GOT FROM THE CLASS THAT MAY AFFECT BOILERMAKERS WAS THE USE OF HARNESES IN JLGs (MOBILE AERIAL LIFTS) IF YOU USE A STANDARD LAYNARD WITH YOUR HARNESS YOU ARE PUTTING YOURSELF IN DANGER. THE STANDARD LAYNARD IS 6 FEET LONG WITH A 4 FOOT SHOCK CORD. IF YOU GET "BUCKED OUT" OF A JLG (IT CAN HAPPEN) YOU ARE GOING FOR A 6 TO 10 FOOT FALL AND YOUR GOING TO SWING INTO THE HULL, JLG OR ANOTHER STRUCTURE. YOU CAN BE SERIOUSLY INJURED. SO IF YOUR ARE ASSIGNED TO WORK IN A JLG PLEASE REQUEST A RETRACTABLE LAYNARD SO YOU WILL STAY SAFELY IN THE BASKET SHOULD SOMETHING HAPPEN. YOU SHOUD NOT HAVE AN ISSUE WITH THIS REQUEST, BUT IF YOU DO CONTACT A STEWARD AND CONTACT THE SAFETY DEPARTMENT. THIS OSHA 30 CLASS WILL BE OFFERED TO MORE EMPLOYEES. IF INTERESTED ON ATTENDING THE CLASS, PLEASE CONTACT A STEWARD OR YOUR SUPERVISOR.

PLEASE WEAR YOUR MASK, ACT RESPONSIBLE, AND WE MAY BE ABLE TO PUT THIS COVID CRAP BEHIND US. STAY SAFE AND SEE YOU ALL AT THE UNION HALL ON TUESDAY, MAY 11TH.

SINCERELY;
PATRICK JOYCE
PRESIDENT





LOCAL 777

Our condolences go out to the family and friends of Jimmy Lenoir , who passed away recently. Jimmy was hired as a pipefitter in 1962 and retired in 1999. I want to remind everyone again that the NRMD switchout at the sub-base happens every January and July , on a rotational basis. The NSSF switchout is in October and it goes by seniority. There seems to be some confusion each time, if anyone is interested in working there, make sure you have an IRM in with the company and Union beforehand. Soupie is no longer working in the Groton office handling the dues and all associated paperwork . Everything is going to be handled out of the main office in Meriden. So for any questions on balances owed ,paying dues while out of work, military withdrawals, etc. (anyone going out on military activation needs to submit their orders to the hall before leaving, to be put into a military leave of absence.) . Please call Theresa at 1-203-317-4759, extension #20. The address is Ct. Plumbers and Pipefitters local 777, 1250 East Main Street, Meriden, Ct. 06450, if you are sending in a check. Section 157 of the U.A. Constitution - any member owing over 3 months dues shall automatically be suspended from membership. Section 158(a) suspended member becomes in good standing again with the payment of all back dues ,plus a \$50 reinstatement fee. Section 159 states any member in arrears for over 6 months shall be expelled and must pay all dues he legally owes and a new initiation fee in order to be reinstated. The 31 st of this month is another union

negotiated holiday. Please remember the true meaning of Memorial Day, for all the Veterans who arent here to celebrate it with us. Have a safe and happy holiday , celebrating the unofficial start of summer.

Buford's

Family Restaurant



126 Poquonnock Road

Groton, CT 06340

860-446-1765

~Hours~

Mon: Closed, Tues-Fri: 6 to 1,

Sat-Sun: 6 to Noon

SPECIAL OFFERS FOR GENERAL DYNAMICS ELECTRIC BOAT EMPLOYEES!

\$475

**MORTGAGE APPLICATION
FEE REBATE***

\$50

**GAS CARD FOR A NEW
CHARTER OAK AUTO LOAN***

GO CHECKING

- 3.00% APY† on Balances up to \$10,000
- ATM Rebates
- No Monthly Maintenance Fee

GOLD REWARDS: OUR UNIQUE MEMBER REWARDS PROGRAM*

- Annual Cash Bonus for Qualified Members
- No ATM Fees
- Special Gold Rates

FREE CONSULTATION with CHARTER OAK RETIREMENT AND INVESTMENT SERVICES

For more details, visit CharterOak.org/content/EB or
talk with one of our Member Service Representatives today!

*Some restrictions may apply. †APY=Annual Percentage Yield.

MEMBERS BANK BETTER.

Live, work or worship in New London or Windham Counties? Join us.



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What you need to know about TCE (trichlor) and cancer



Certain solvents used in the trades have been associated with a higher risk of cancer. If you have worked with or around TCE (trichlor, used for cleaning) and have been diagnosed with cancer, give us a call for further information.

**Embry Neusner Arscott
&
Shafner**

(860) 449-0341

Call us for more information



Local 1871

Before you retire, please contact the union, and let us know. Retirees can receive a union jacket and watch.

Remember that at our next regular meeting in May we will be voting on whether to cancel July and August regular meetings per the IAM constitution.

Keep in mind that all 1871 members are encouraged to attend the regularly scheduled monthly meetings. It is a great chance for open communication to happen for any issues or concerns and to stay in the know with union business.

OSM is currently hiring and has ordered 130 lockers for the new hires. Also a friendly reminder that if you are out for an extended amount of time and need to pay insurance premiums you have two options for the first 30 days: 1) Mail check to
EB Benefits QP Office
Dept 643 MSK60
165 Dillabur Ave
North Kingstown, RI 02852 Or
2) Pay arrears upon RTW- double payments taken out weekly.

There will be a Celebration of Life for Don Sims Jr held by his sister at our local union hall on May 22 at 2 p.m. Please feel free to stop by to pay your respects and share stories amongst friends. Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues do not come out. If you have a change of address or phone number, PLEASE inform a

union

representative. The company is not allowed to share this kind of information with us.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for any support. New Members: Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at www.gdbenefits.com to enroll yourself, and your dependents, in the benefits package. As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

IMPORTANT: If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward".

Union Hall Phone Number: 860-445-8619

Stewards

Chief Steward: James Spencer 860-705-2266

First Shift OSM: Bill Harris 860-510-8315

Mark Sousa 401-743-3033

Mike Fantacci 860-884-7339

First Shift Machine Shop: Michael Shell

Bill Dall 860-790-9136 860-303-0257

First Shift All Other Areas: Janet Orr 860-608-8528

Second Shift ISM: George Raposa JR 860-908-0002

Second Shift OSM: George Blanchette 860-908-4149

Bill Ericson 860-705-6739

Second Shift All Other Areas: James Marcy 860-617-8035

Third Shift All Areas: Josh Machamer 860-908-5052

United Way Contact: Janet Orr 860-608-8528

MEETING NOTICE:

Meeting dates for the year will be posted on one notice in all areas. Next regular meetings will be May 13 th , and June 10 th if it is not voted to cancel June's meeting,

Fraternally,
Jimmy Spencer
President

Groton Dental Group

Dennis Flanagan, DDS MSc

American Board of Oral

Implantology/Implant Dentistry

American Board of General Dentistry

Bruce Dougherty, D.D.S.

Danielle Green, D.M.D.

- General Dentistry
- Implants Placed and Restored
- Dentures - Same Day Service
- Relines and Repairs

1100 Poquonnock Rd., Groton

445-9765

Windham Dental Group

1671 West Main St., Willimantic

456-3153

WE PARTICIPATE IN
MTC DENTAL PLAN
Retiree's Are Accepted



FAMILY DENTAL CENTER

Vincent Antonelli, D.D.S.

Ted Malahias, D.D.S.

Sean Kim, D.D.S., FAGD

115 Bridge Street

Groton, CT 06340

446-8744

CONVENIENT TO E.B.

“We Cater to Cowards”

FAMILY DENTISTRY

Bonding - Crown and Bridge

FULL PARTICIPANT IN
MTC DENTAL PLAN



United Way Day of Caring Coogan Farm
April 17, 2021



Local 1122

I would like to welcome our new hires to the paint department. If you have any questions ask your stewards, working leaders, OJT instructors, and senior members. Our member are here to help you. As of this writing there is no upcoming road work. We are having an influx of new supervisors into our department that may have little to no experience. I ask our senior members to help out our newer members with any concerns they have about the jobs and make sure things are done the way they should be. Please take care of yourself and your family and stay safe. I would like to wish long and healthy retirements to Donna Blanco, George Dunnack, and John Irwin. Thank you for your years of service to the painters.

Service Awards – I would like to congratulate Karl Pollard and Rhonda Goss for their 40 years of service to the painters. Congratulations to our newest distinguished Shipbuilders!

Debit Card Replacement - If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto FidelityDebitCard.com to request a new one.

Subbase NSSF and ARDM Shippingport request form : The Department will no longer survey, you will have to fill out

form. See your steward for this form.

Shift change request form: Once you have been offered to transfer and you refuse, you will be responsible to fill out new shift change request form.

Benefits : Ernest (TJ) Holley is our benefits rep. Any questions concerning benefits he will get the answer for you.

Overtime : Dennis Urquhart and Ron Ingves are the overtime coordinators. Any questions concerning overtime you can question Ron. If he doesn't know the answer he will get it for you from me.

Road Job List : Will be updated by myself, information will be sent to me as to who is going, who said no and who said yes, what job and place, start dates and end dates. All stewards will have a copy of the road job list.

Stewards : First shift Stewards: Allen Claar All Nuclear issues 813-300-9957, Ernest (TJ) Holly 860-538-1926, Ron Ingves 860-334-8141, Alternate Victor Delima 401-481-3947

Second shift Stewards: Chris Wilson 860-961-2930/860-501-2304, Alternates Elaine Key 860-460-7621 and Edwin Garay 860-389-2878

SAFETY : Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, **YOU SHOULD REQUEST A STEWARD !!!**
REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.

IMPORTANT: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc., it is your responsibility to pay your portion for medical, dental, and vision you can be dropped from your benefits if you don't keep up your payments.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information!

When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

REMINDER: If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

IMPORTANT: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hrs notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this. If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and 860-941-1579 and my email is painters.union@yahoo.com.

Thank you for your ongoing support.

Fraternally yours,
Dennis Urquhart
Chief Steward
Painters' Local #1122

Insurance Update

Our members are retiring at a steady pace. Medical coverage is always a concern. Medicare is an option, but there is cost associated with straight Medicare 80%/20% cost share, and a doughnut hole that you will have to pay at 100% until you hit certain dollar levels.

There are other options such as Medicare Advantage Plans and Supplemental Medical Insurance Plans. These plans will avoid getting into the doughnut hole and act more like a traditional health plan. Medicare Advantage Plans are good, and cheaper but some doctors will not accept them because they won't pay the doctors the amount of money that the doctors want to bill them for. This will limit the number of doctors you will be able to see.

Supplemental Medical Plans are much richer plans. They usually have the most doctors in their networks and have national coverage. You will have to pay more per month to enroll in these plans, but they offer more value for services, and have more dynamic prescription options.

In our contract there is a provision that helps us pay the monthly premiums. If you retire and you and your spouse are 65 years old with 10 years of service you and your spouse will be eligible for \$94 each per month to help you pay for some of your insurance premiums.

We at Electric Boat have our own supplemental plan called Beacon Retiree benefits group. They are a private insurance company just for our members and they offer us great value and services. Their # is 1-888-484-0414. Give them a call for competitive prices.

Frank Ward
Union Representative
Cell (401)-499-9661 or (860)-501-3263



Local 493

you guys in the upcoming year. Please stay safe and enjoy the holiday season with your loved ones and friends.

Best Wishes,

Robert Hill
Chief Steward
Teamsters Local 493

Phone List

Peter E. Baker MTC President	445-6383
John Adamson MTC Vice President	445-1277
Richard McCombs Rec. Sec'y MTC	445-1277
Cat Race Sec'y Treasurer	445-1277
George Nowosielski Local 777	445-8170
Dennis Urquhart Local 1122	445-1927
Richard (Chick) McCombs Local 261	445-2224
Jim Spencer Local 1871	445-8619
Patrick Joyce Local 614	445-4973
Danny Sanchez Local 547	448-2577
Robert Hill Local 493	575-1384
Paul Bruno Local 106	445-1216
Cat Race Occup. Health & Safety Comm	445-1277
Frank Ward	501-3263

REQUEST A STEWARD

If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You do not have to answer any questions until you have union representation.

STEWARDS

1st Shift Steward

Keith Coppin 860-433-4657

Scott Harris 860-574-0208

1st Shift Alt

Scott Partosan 860-433-5816

2nd Shift Steward

John Ogden 860-433-4657

2nd Shift Alt

203-512-5959

SAFETY

Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe please contact a steward for guidance.

You can also contact MTC Safety at 860-445-6383

Stay safe and keep up the good work!

May your New Year be filled with joy and success. I look forward to working together with



Electric Boat Family Wellness Center

The EB Family Wellness Center provides a wide range of services including primary care, same day sick visits, and physical therapy with many services available at no cost.

- **Who is eligible to use the EB Family Wellness Center?**

All eligible employees and dependents age 2+ enrolled in an EB medical plan

- **What will it cost?**

All preventive services, including vaccines and your annual physical, are provided at no cost. Free blood pressure checks and visits with a condition management nurse are also available. Office visits with a medical provider are \$45 a visit and physical therapy services are \$25 a visit. Services will be billed to insurance and applied to your deductible.

- **Where is it located?**

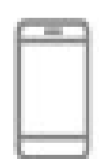
The EB Family Wellness Center is located on the second floor of 32 Chicago Ave, Groton, CT. The same building as the EB Family Pharmacy.



Monday – Thursday, 7 a.m. – 6 p.m.

Friday, 6 a.m. – 5 p.m.

Saturday, 8 a.m. – 1 p.m.



860-629-8272

www.ebfamilywellnesscenter.com

Your privacy is our priority.

Premise Health operates the EB Family Wellness Center and maintains all confidential medical information in accordance with federal requirements for medical privacy. No one at EB will have access to this information.

ELECTRIC BOAT

Family Wellness Center

Operated by Premise Health

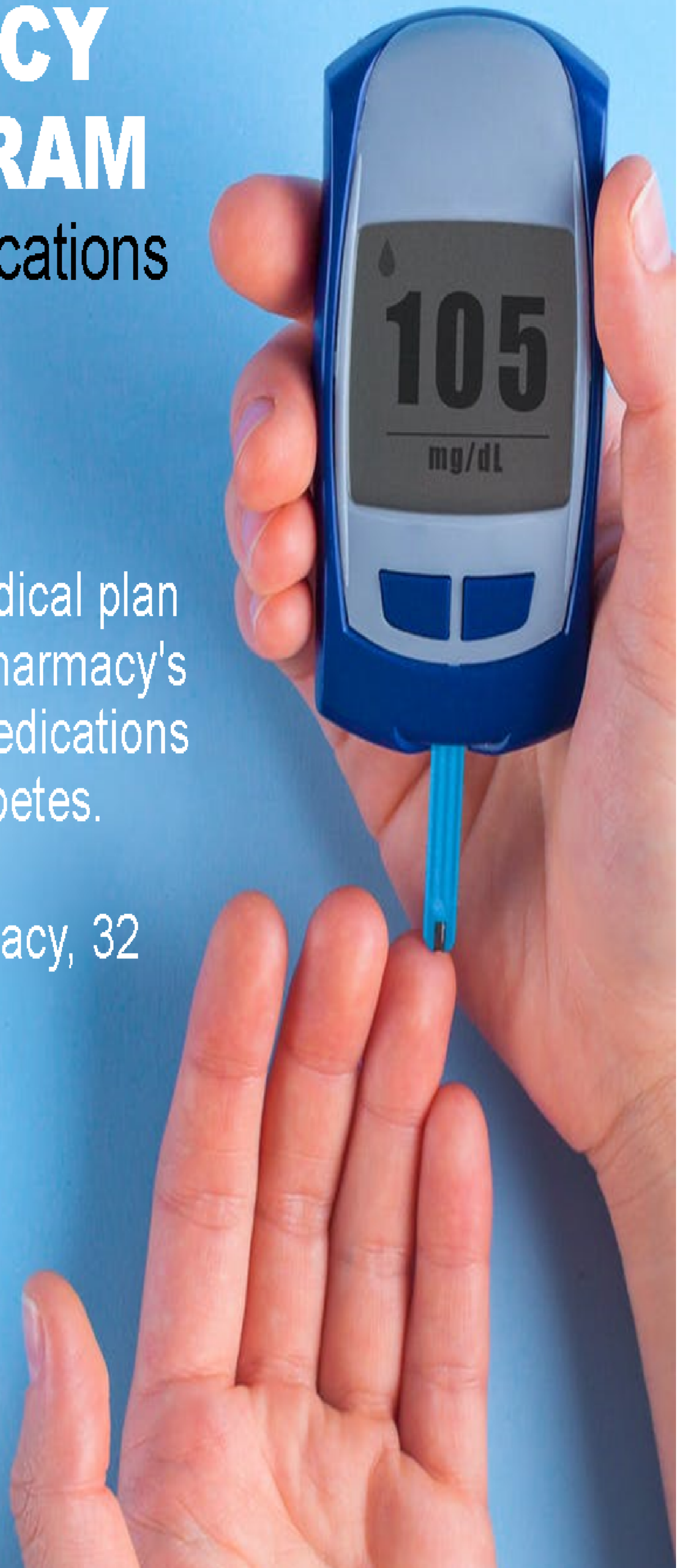
EB FAMILY PHARMACY DIMENSIONS PROGRAM

FREE diabetic prescription medications
and testing supplies

If you or anyone covered by your EB medical plan is diabetic, sign up with the EB Family Pharmacy's Dimensions program and receive free medications and testing supplies to manage your diabetes.

Sign up anytime at the EB Family Pharmacy, 32 Chicago Avenue, Groton, CT.

Questions about the program?
Contact the EB Family Pharmacy
at 888-578-3457.





READY FOR YOUR CHECK UP?

Included in your employee benefits, at no cost to you, is a yearly physical exam with your primary care provider. When the COVID-19 pandemic started, many people cancelled or delayed routine care. Now more than ever it's important not to let your health fall to the wayside. A physical exam is a great way for you and your medical provider to stay on top of your personal health and any chronic conditions you may be managing.

At your appointment, your medical provider will go over your current medications (if any), recommend any age and gender appropriate screenings or tests for you to complete (including bloodwork), update immunizations and discuss your current diet and exercise routine.

Don't have a primary care doctor? The EB Family Wellness Center is accepting new patients! If you are on an EB medical plan through UnitedHealthcare, you and your dependents over age 2 can be seen for your physical (and more) at the Wellness Center located at 32 Chicago Ave (Charter Oak building) in Groton. Call today to make your appointment, 860-629-8272.

One way to get the most out of your exam is preparing a list of questions for your doctor in advance and writing down any health issues you are experiencing.

Here are some ideas:

- Have you recognized any change in my health since my last checkup?
- Given my age, gender, and health, what are my primary health concerns?
- Considering my family history, am I at risk for certain diseases?
- Are my prescriptions still okay?
- When should I schedule a follow up exam?
- What do I need to do between now and my next exam?

Remember your medical provider is your advocate. Your provider is there to keep you healthy and help address any concerns. An exam room should feel like a safe space where you can voice any concerns. And remember, your provider is not there to judge you.

[Make the call to schedule your physical today!](#)

LIUNA!

Feel the Power

Greetings fellow brothers and sisters. I would like to inform our members that Brandon Caisse is your newly appointed steward for all areas on second shift. Please feel free to get in contact with him or myself with any questions or concerns you may have. By the time of this news letter, the company and EB Wellness Center will be providing vaccines for employees, who have yet to be vaccinated. Appointments can be scheduled either by computer or stopping by the SVR 1&2 rooms. My hope is that this first round of vaccines will not be the only ones and that the company and Wellness Center will be able to provide more in the future, willing that they are provided with additional vaccines. As always please remember to keep the company and our union hall updated with any changes of address and contact information so that any literature can be provided to you in a timely manner. Continue working safe, on the job and at home.

Fraternally yours,
Danny Sanchez

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POLITICALCARTOONS.COM





Local 261

Union Meeting: The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday May 11, 2021 @ 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street. I am requesting that we follow these simple rules at the meeting: It is my understanding that the State of CT has lifted capacity requirements but I would like to follow the proposed social distancing guidelines as much as possible.

1. Temperature Checks 2. All will wear face masks
We will notify you if we have to cancel or reschedule the meeting.

Last month on April 28th we observed Workers Memorial Day. This is a day that our National AFL-CIO has dedicated to workers across the nation that have given the supreme sacrifice to our country similar to the Memorial Day Holiday that we honor our service men and women who die fighting in wars to preserve our freedom.

According to the Bureau of Labor Statistics (BLS) 5250 workers were killed on the job, 14 per day as a result of traumatic injuries. Another 95,000 die from occupational disease in 2018. Added together 275 workers die each day due to job injuries and illnesses. Workers Memorial Day is designed to honor our fallen members and their family. The significant of April 28 is that on this date 50 years ago Congress enacted the OSHA Act promising workers in this Country the right to a safe job. More than 618,000 workers can say their lives have been saved since the passage of the OSHA Act. I always believed if the Union and

Company can work together on issues they can be resolved fairly. Safety is one issue that we should always work together.

We have agreed to another Employee Incentive Bonus. Unfortunately it is similar to last years' which had requirements that limited eligibility especially to our senior members. Times have changed and today the majority of our members have less than ten years. This incentive definitely favors them and allows them the advantage to make eligibility. Incentive or bonuses designed to reward an employee for performance and accomplishments: not to manipulate employees to not use their entitlements. This incentive does this and I struggle to accept this. In some countries this is against the law.

Your union leaders had to make a decision on accepting an agreement that pertains to a certain portion of the workforce or rejecting the offer and leave money on the table. For me it was a difficult decision, but felt it would be wrong to not take it

Webster's Definition on "Bonus" in the work place:

Bonus

Something given or paid in addition to what is usual or expected. Money paid to a state by a company in return for corporate charter. A grant from a Government to veterans of the Armed Forces. An extra dividend paid to stockholders of a company from profits. A premium paid for a loan.

Please continue to work safe.

Richard L. McCombs President / Business Manager





MTC Safety Report

**Painters - Boilermakers - Electricians - Laborers
Machinists - OPEIU - Pipefitters - Teamsters**

Well another month has gone by and I'm seeing a much better turn out with following the guidelines of masks. To those of you that are, Thank You. I'm also hearing the Governor is talking about lifting all restrictions by May 19 th . except for masks. I have asked about how this will affect us at EB and it's still too soon to tell.

I did have an issue with a hourly just recently when I asked him to please put his safety glasses on. He was working in the 260 building (safety glasses required at all times) and he was not happy and refused to comply to wear them properly. That rule is in place to protect you and your eyes. Please, follow the rules and wear your PPE when and where it is required. Remember it's there for your protection. If you see a co-worker without his PPE, nicely remind him. Sometimes that's why he doesn't have it, they're so into their job they forgot , and they thank you for the reminder. If they give you a hard time, walk away, don't confront and hope the best for them.

**Remember
Think Positive
Test Negative**

**Sincerely,
Cat Race**

**Cat Race
1st Shift
860-405-4784**

**Gary Fontaine
1st Shift
860-326-4832**

**Mark Nall
1st Shift
860-326-4729**

**Bill Zaks
2nd Shift
860-326-4353**

**Harry Weyant
2nd Shift
860-326-4341**

**Safety Office
860-433-2811
Metal Trades
445-6383/1277**



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Secretary Treasurer

METAL TRADES COUNCIL of New London County

Affiliated with the Metal Trades Department, AFL-CIO

If you have COVID-19 symptoms or have been exposed to someone who tested positive:

- 1. Stay Home**
- 2. Contact your Doctor or the Wellness Center (860-629-8272) and follow their direction**
- 3. File a COVID-19 Short Term Disability Claim with (1-800-416-1808) Sedgwick**
- 4. Notify The yard Hospital (860-433-3470)**
- 5. Notify Your Supervisor**
- 6. Complete Sedgwick COVID-19 short form (absence 14 days or less)**
- 7. Complete Sedgwick Forms and return them (Permission to obtain Medical information & Medical Work Leave Request) (absences more than 14 days)**
- 8. Wear a mask, socially distance, wash your hands often, Cover your cough**
- 9. If you have claim problems contact your union stewards.**